

Take Back Your Story

From Pain to Purpose · Week 4

1 Samuel 30

BOTTOM LINE

**Bitterness is pain you kept.
Purpose is pain you gave to God.**

1. You will encounter resistance.

When you step into God's kingdom, you will face [resistance](#).
Satan can't steal your [salvation](#) — but he'll try to make you [ineffective](#).

2. You need a response, not a reaction.

The men were bitter in [soul](#) — same word as [Mara](#).
Last week it took [years](#). Here it happens in a [day](#).
David wept. Then David [found strength in the LORD](#).

3. Restoration — take back your story.

David asked. God said, "[Pursue](#)".
Restoration is not [reversal](#). Ziklag was still [in ashes](#).
Restored people go back to the [brook](#) for the ones who couldn't go on.

THE HINGE

"David was now in great danger because all his men were very bitter about losing their sons and daughters, and they began to talk of stoning him. But David found strength in the LORD his God."

1 Samuel 30:6 NLT

ALSO

1 Samuel 30:7-8

Then he said to Abiathar the priest, "Bring me the ephod!" So Abiathar brought it. Then David asked the LORD, "Should I chase after this band of raiders? Will I catch them?" And the LORD told him, "Yes, go after them. You will surely recover everything that was taken from you!"

1 Samuel 30:21, 23-24

Then David returned to the brook Besor and met up with the 200 men who had been left behind because they were too exhausted to go with him... But David said, "No, my brothers! Don't be selfish with what the LORD has given us... We share and share alike — those who go to battle and those who guard the equipment."

2 Corinthians 1:3-4

All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.

THIS WEEK

Name the one thing you've been keeping. Then hand it to God with open hands and ask, "Lord, should I ...?"

"God never promised us an outcome. He promised us His presence and His love."